

# Freetown-November 2018

Mon	Tue	Wed	Thu	Fri
			1 12:30 Scrabble 1:00 Senior Club Birthday Deadline	2 9:15 Strength Class 10:00 Mat Yoga 10:30 Kanakis 10:30 Closed Deviled Egg Day 
5 9 :00 Pool 9:30 Massage 10:00 Muffins 10:00 Knitting 10:30 Rep Schmid 1:00 Pitch	6 10:15 SHINE 12:45 Bingo Cyd's Deadline	7 9:00 Painting 9:30 Line Dancing  Hug-a-Bear Day	8 11:00 Gold Buying Event 12:00 Birthday 12:30 Scrabble <b>TURKEY DINNER DEADLINE</b>	9 9:15 Strength Class 10:00 Mat Yoga 10:30 Kanakis 10:30 Closed Calvary Deadline Meat Bingo Deadline
12 Closed 	13 11:30 Cyd's Lunch 12:45 Bingo	14 9:00 Painting 9:30 Line Dancing 12:30 Meat Bingo	15 12:30 Scrabble  America Recycles Day	16 9:15 Strength Class 10:00 Mat Yoga 10:30 Kanakis 10:30 Closed 12:00 Calvary Lunch
19 9 :00 Pool 9:30 Massage 10:00 Muffins 10:00 Knitting 1:00 Pitch	20 10:15 SHINE 12:45 Bingo Cyd's Deadline 1923 Traffic Light Patented 	21 9:00 Painting 9:30 Line Dancing Tea Time Deadline	22 Closed 	23 Closed  National Cashew Day
26 9 :00 Pool 9:30 Massage 10:00 Muffins 10:00 Knitting 10:00 Podiatrist 1:00 Pitch	27 10:15 SHINE 11:30 Cyd's Lunch 12:45 Bingo Cyd's Deadline  Pins & Needles Day	28 9:00 Painting 9:30 Line Dancing 9:30 Sen. Rodrigues 10:30 Brown Bag 10:30 Blood Pressure 3:30 Closed	29 11:00 Tea Time 12:30 Scrabble	30 9:15 Strength Class 10:00 Mat Yoga 10:30 Kanakis 10:30 Closed



### **Senior Community Service Employment Program**

The Senior Community Service Employment Program (SCSEP) is the only federal program specifically targeted to serve older adults seeking employment and training assistance. This is a Title 5 job training program. Our core target is the mature worker population age 55 and older.

To be on this program, you have to be 55 years or older and 125% poverty level. You have to be unemployed and also meet income requirements and legally eligible to work in the U. S. We pay \$11.00 per hour for 20 hours per week paid bi-weekly.

We place participants in nonprofit or government agencies in a working training capacity where they can obtain new skills that will make them more marketable for employment with an unsubsidized setting.

Anyone interested in this program, please contact us at C.F.C. INC. @ 508-679-0041, ext. 226, 219 or 220.

*Submitted by Citizens for Citizens, Inc.*

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### **Hot Thanksgiving Turkey Dinner**

The Veterans Transitional Home is offering town residents a hot turkey meal delivered to your home on Thanksgiving Day. You must call the Senior Center at 508-763-9557, by Thursday, November 8<sup>th</sup>, to reserve your meal.

