

# Freetown-May 2018

Monday	Tuesday	Wednesday	Thursday	Friday
	1 12:45 Bingo  May Day	2 9:00 Painting 9:30 Line Dancing	3 12:00 Senior Club 12:30 Scrabble Birthday Deadline Breakfast Deadline	4 10:00 Mat Yoga 10:30 Kanakis 10:30 Closed
7 8:15 May Breakfast NO Pool NO Muffins 9:30 Center Open 10:00 Seated Massage 10:00 Knitting 10:00 Rep. Fiola 10:30 Rep. Schmid 12:30 SHINE 1:00 Pitch	8 12:45 Bingo Cyd's Deadline  No Sock Day	9 9:00 Painting 9:30 Line Dancing	10 12:00 Birthday 12:30 Scrabble	11 10:00 Mat Yoga 10:30 Kanakis 10:30 Closed Meat Bingo Deadline Spaghetti Lunch Dead- line
14 9:00 Pool 9:30 Seated Massage 10:00 Muffins 10:00 Knitting 1:00 Pitch	15 11:30 Cyd's Lunch 12:45 Bingo  National Chocolate Chip Day	16 9:00 Painting 9:30 Line Dancing 12:00 Spaghetti Lunch <b>12:45 Meat Bingo</b>	17 11:30 Senior Club 12:30 Scrabble  1830-Mary Had A Little Lamb Published	18 10:00 Mat Yoga 10:30 Kanakis 10:30 Closed  Visit your relatives day
21 9:00 Pool 10:00 Muffins 10:00 Knitting 12:30 SHINE 1:00 Pitch	22 12:45 Bingo Cyd's Deadline	23 9:00 Painting 9:30 Line Dancing 9:30 Sen. Rodrigues 10:30 Brown Bag 10:30 Blood Pressure 3:30 Closed	24 12:30 Scrabble Tea Time Deadline	25 10:00 Mat Yoga 10:30 Kanakis 10:30 Closed
28 Closed  Memorial Day	29 11:00 Gold Buying Event 11:30 Cyd's Lunch 12:45 Bingo Cyd's Deadline	30 9:00 Painting 9:30 Line Dancing	31 11:00 Tea Time 12:30 Scrabble	

### Homemade Spaghetti Luncheon for Seniors

On Wednesday, May 16<sup>th</sup> at 12:00 PM. Spaghetti with meat sauce, bread and salad. \$4.00 Donation requested. Enjoy a Delicious lunch before Meat Bingo. Call to reserve for meal before May 11<sup>th</sup>. Seating is limited.



### 2018 Annual Acushnet Art Show

Artists and craft-makers that are Acushnet residents or members of the COA Art Clubs of Rochester and Freetown, are invited to exhibit their work at this year's 59<sup>th</sup> Annual Art Show on Saturday, June 2<sup>nd</sup> from 2:00-8:00 PM and again on Sunday, June 3<sup>rd</sup> from 1:00-5:00 PM at the Acushnet Senior Center, 59 ½ South Main Street.

Original work is encouraged, there is no entry fee and prizes will be awarded for multiple categories (watercolor, Oil/acrylic, photography, mixed category and crafts). In addition to the viewing, which is free and open to the public, a public reception will be held on Sunday during the show. For more information, please contact Dianna Couto, (508) 965-5752.

*Submitted by Ronald Gaudette*

### Bell Peppers

Are there differences between three bumps and four bumps on peppers? Look up on the internet and there are many answers to this question. Some people say that male bell peppers have three bumps and females four. Female peppers have more seeds inside and are sweeter than the male bell peppers. The male peppers are taller and thin, they only have 3 bumps, are not as sweet and hold up better for cooking.

Another article says it says the truth of the matter is that the number of bell pepper lobes has no bearing on the sex of the plant—it produces both on one plant. The number of bell pepper lobes, be it three or four (or whatever) has no bearing on how sweet a pepper tastes. In actuality, the environment in which the pepper is grown and the nutrition of the soil has more of an effect on this. The variety of bell pepper also determines the sweetness of fruit.



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