

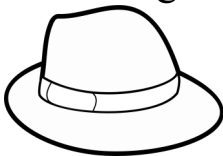






Freetown-January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Closed 	2 9:00 Painting 9:30 Line Dancing 1:00 Pitch	3 12:00 Senior Club 12:30 Scrabble Birthday Deadline	4 9:15 Strength Class 10:00 Mat Yoga 10:30 Kanakis 10:30 Closed
7 9:00 Pool 9:30 Massage 10:30 Rep Schmid NO ACTIVITIES DOWNSTAIRS	8 NO ACTIVITIES DOWNSTAIRS	9 9:00 Painting 9:30 Line Dancing 1:00 Pitch	10 12:00 Birthday 12:30 Scrabble	11 9:15 Strength Class 10:00 Mat Yoga 10:30 Kanakis 10:30 Closed Meat Bingo Deadline
14 9:00 Pool 9:30 Massage 10:00 Muffins 10:00 Knitting 1:00 Pitch	15 12:45 Bingo  Hat Day	16 9:00 Painting 9:30 Line Dancing 12:30 Meat Bingo	17 12:30 Scrabble  1706-Benjamin Franklin Born	18 9:15 Strength Class 10:00 Mat Yoga 10:30 Kanakis 10:30 Closed
21 Closed 	22 12:45 Bingo Cyd's Deadline	23 9:00 Painting 9:30 Sen. Rodrigues 9:30 Line Dancing 10:30 Brown Bag 10:30 Blood Pressure 3:30 Closed	24 12:30 Scrabble Tea Time Deadline	25 9:15 Strength Class 10:00 Mat Yoga 10:30 Kanakis 10:30 Closed
28 9:00 Pool 9:30 Massage 10:00 Muffins 10:00 Knitting 1:00 Pitch	29 12:45 Bingo 11:30 Cyd's Lunch  National Puzzle Day	30 9:00 Painting 9:30 Line Dancing	31 11:00 Tea Time 12:30 Scrabble	

The Council on Aging and the Police/Fire Department would appreciate it if you could fill out this form and return it to either office. In an emergency, Communications (911) would like to know this information to help you. The information given is strictly confidential.

(Anyone can fill out this form, not just seniors.)

Name: _____

Address: _____

Phone: _____

In an emergency, who do we contact: _____

Phone: _____

Hospital Preference: _____

Medical Information: _____

Do you live alone: _____

Any pets: _____

Any other information you would like emergency personnel to know: _____
