# Freetown-February 2020

Monday	Tuesday	Wednesday	Thursday	Friday
3 9:00 Pool 9:00 Knitting 10:00 SHINE 10:00 Muffins 10:00 Rep. Fiola 10:30 Rep. Schmid 11:30 Drums Alive 1:00 Pitch	4 12:45 Bingo 3:00 High School Computer Class Cyd's Deadline	5 8:30 AARP Taxes 9:00 Painting 9:30 Line Dancing	6 8:30 AARP Taxes 9:00 Drums Alive 12:00 Senior Club 12:30 Scrabble	7 9:30 Strength & Stretch 10:30 Kanakis 10:30 Closed
10 9:00 Pool 9:00 Knitting 10:00 Muffins 11:30 Drums Alive 1:00 Pitch	11 11:00 Gold Buying Event 11:30 Cyd's Lunch 12:45 Bingo 3:00 High School Computer Class	12 8:30 AARP Taxes 9:00 Painting 9:30 Line Dancing 12:00 Hepatitis C Virus Seminar	13 8:30 AARP Taxes 9:00 Drums Alive 12:30 Scrabble	14 9:30 Strength & Stretch 10:30 Kanakis 10:30 Closed Meat Bingo Deadline
17 Closed President's Day	18 12:45 Bingo 3:00 High School Computer Class	19 8:30 AARP Taxes 9:00 Painting 9:30 Line Dancing 12:30 Meat Bingo	20	21 9:30 Strength & Stretch 10:30 Kanakis 10:30 Closed
24 9:00 Pool 9:00 Knitting 10:00 SHINE 10:00 Muffins 11:30 Drums Alive 1:00 Pitch	25 12:45 Bingo 3:00 High School Computer Class	26 8:30 AARP Taxes 9:00 Painting 9:30 Line Dancing 9:30 Sen. Rodrigues 10:30 Rep. Schmid 10:30 Brown Bag 10:30 Blood Pressure 3:30 Closed		28 9:30 Strength & Stretch 10:30 Kanakis 10:30 Closed

## Want to lower your Medicare costs?

On **January 1, 2020** the income and asset limits for the Medicare Savings Programs\* increased. If you qualify, these programs will pay your Part B premium and in some cases your Part A and B deductibles, co-pays and Part A premium (if you have one). In addition, you will automatically receive Extra Help, a program that will lower your Medicare Part D premium and co-pays.

Income and asset limits effective 1-1-20

	Income / month	Assets
Individual	\$1,738	\$15,720
Married couple	\$2,346	\$23,600

### Prescription drug co-payments with Extra Help effective 1-1-20

	Per 30-Day supply
Generic	\$3.60
Brand Name	\$8.95

To learn more and to request an application, contact MassHealth at: 1-800-841-2900 or

**TTY at: 1-800-497-4648.** SHINE can also assist you with the application process. Call us to make an appointment.

Applications are also available on-line at: https://tinyurl.com/MassMSP

\* Medicare Savings Programs are also called "MassHealth Buy-In" and are administered by MassHealth.

Submitted by Executive Office of Elder Affairs

### **Once Upon A Generation: Intergenerational Program**

Do you remember...

- Paying twenty-five cents to see a movie?
- Using a rotary phone?
- Coming home when the street lights came on?
- Riding a bike without a helmet?
- Ration stamps?
- Penny candy?
- War demonstrations?
- The hippie years?

## Your stories are important!

There are generations of children that have no concept of what it was like to grow up in the 30's, 40's, 50's, 60's... Come join us to discuss the possibilities of sharing some of those memories with a student, eager to hear your stories.

Storytellers Karen Chace and Andrea Lovett are seeking *sensational seniors* to join in an intergenerational program of sharing stories from their lives. (Space is limited) Please join us for a light lunch of pizza and beverage. Bring your questions and learn more about the upcoming project. **<u>Registration is required</u>** for the luncheon so we may anticipate the amount of food to bring.

Date: Tuesday, February 21st, 2020

Time: 12:00 PM – 1:30 PM

#### Location: Lakeville Council on Aging

1 Dear Crossing (Off Precinct Street), Lakeville, MA

Please call Kelly Howley at 508-947-7224 to register for the luncheon.

We hope to see you there!

Karen and Andrea

This program is supported in part by a grant from the Lakeville Cultural Council, a local agency, which is supported by the Massachusetts Cultural Council, a state agency.

