

Freetown-December 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
	3 9:00 Pool 9:30 Massage 10:00 Muffins 10:00 Knitting 10:30 Rep Schmid 1:00 Pitch	4 11:00 Gold Buying Event 11:30 Cyd's Lunch 12:45 Bingo  RCA VICTOR 1877 Phonograph Invented	5 9:00 Painting 9:30 Line Dancing	6 11:30 Senior Club 12:30 Scrabble Senator and Representatives Party Deadline	7 9:15 Strength Class 10:00 Mat Yoga 10:30 Kanakis 10:30 Closed
	10 9:00 Pool 9:30 Massage 10:00 Muffins 10:00 Knitting 1:00 Pitch	11 9:00 Cogniciti Workshop 10:00 Cogniciti Workshop 12:45 Bingo Cyd's Deadline  1620 Pilgrims landed on Plymouth Rock	12 9:00 Painting 9:30 Line Dancing  1899-Golf Tee Patented	13 11:30 Senator and Representatives Party 10:00 Closed	14 9:15 Strength Class 10:00 Mat Yoga 10:30 Kanakis 10:30 Closed
	17 9:00 Pool 9:30 Massage 10:00 Muffins 10:00 Knitting 10:00 Rep. Fiola 1:00 Pitch	18 11:30 Cyd's Lunch 1:00 Closed  Wear a plunger on your head day	19 9:00 Painting 9:30 Sen. Rodrigues 9:30 Line Dancing 10:30 Brown Bag 10:30 Blood Pressure 3:30 Closed	20 9:30 Podiatrist 12:30 Scrabble Tea Time Deadline Christmas Lunch Deadline  Games Day	21 9:15 Strength Class 10:00 Mat Yoga 10:30 Kanakis 10:30 Closed
	24 9:00 Pool NO Massage NO Muffins 10:00 Knitting 1:00 Closed	25 Closed 	26 9:00 Painting 9:30 Line Dancing	27 11:00 Tea Time 12:30 Scrabble  Visit the Zoo Day	28 9:15 Strength Class 10:00 Mat Yoga 10:30 Kanakis 10:30 Closed
	31 9:00 Pool NO Massage NO Muffins 10:00 Knitting 1:00 Closed				

Join Our Free Brain Health Workshop Today!



ARE YOU AGE 50 - 90?

GET YOUR FREE HEALTH SCORE!

Please sign up OR call Stephanie at 617-829-2998 to reserve your spot!

Where: Freetown Council on Aging

Date: December 11, 2018

Time: 9:00am-10:00am & 10:00am-11:00am

Basic
computer
skills are
required!



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