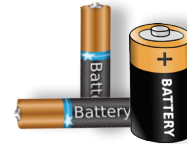


# Emergency Kit Checklist



3 days of nonperishable / non-cook food  
water (1 gal. per day per person), medication



flashlight, battery operated radio, extra batteries



first aid kit, cash, cell phone and charger



ID cards, information: (Dr., meds, allergies), family / friends  
contacts, toothbrush / toothpaste, blanket and washcloth



clothes and baby or pet supplies if you need them

DISASTER PREPAREDNESS: The likelihood that you will recover from an emergency tomorrow often depends on the planning and preparation done today. This list may help you get through the first 3 days, after a disaster.

**It is a starting point, as individual needs vary depending upon circumstances.**

For additional information, visit: [www.Ready.gov](http://www.Ready.gov) & [www.mass.gov/mema/ready](http://www.mass.gov/mema/ready)