



## **FREETOWN COUNCIL ON AGING**

**Multi-Purpose Senior Center**  
**227 Chace Road**  
**East Freetown, MA 02717**  
**TEL: 763-9557**  
**FAX: 763-9084**

### ***COA Board Meeting December 7, 2015***

***The meeting was called to order by Jeannette Tisdelle at 10:50 AM.***

***Present: Jeannette Tisdelle, Charles Gray, Marion Rylands, Ruth Ferland and Director Barbara Lafleur.***

***Absent: Edward Medeiros, Bruce Wilbur and Robert Martel.***

***Secretary Report: waived***

***Treasurer Report: Grant was discussed.***

### **Old Business**

Policy for Board and Building-Waived at this time.

Signage for COA-Approved amended signage, discuss at next meeting.

Feasibility Study-Interesting point projected, number of seniors we have surpassed what the state had projected in ten years, we did in five years. We need more space. The study told us what we already knew. The COA is waiting for our Town Fathers' to guide us. We need a building that is ground level. Representative Fiola was going to mention to Elder Affairs of how many seniors we have.

### **New Business**

Representatives Christmas Luncheon- Volunteers from New England Institute of Technology Rhode Island, Catholic Memorial, Tuesday Club of Assonet, SE Mass Health Rehabilitation Center.

Laminate Machine- Seniors and COA would use this, tabled until next meeting.  
Grant. Tabled

### **Programs:**

Yoga-Suggested to start a class for men.

Matter of Balance-Volunteer Sarah Gilbert has been trained through Bristol Elder Services to teach this 8 week program. She would also like to start a walking club in the spring.

Meeting adjourned.

***Respectfully submitted,***

***Barbara Lafleur***  
***Director***

